

HIGHLAND HOME – Pohangina Valley – Manawatu



ACTIVITIES

ONSITE

Initiatives – Team building (get your group from A to B type activities. Support and help each other etc.... (15min training with the person taking this activity, \$30 for our staff to run)

Marshmallow pit – Determined by Fire restrictions - BYO marshmallows

Water Slide – Determined by Water restrictions - BYO detergent

Gym – for indoor activities

Large sports field – good areas for outdoor activity

Trampolines/Volley Ball - good area for outdoor activity

Burma Trail – Rope walk through bush blindfolded or at night

Top Team – A supervisor from your group will need to be provided & training for this activity can take up to 15 minutes. \$30 for our staff to run.

ONSITE – Cost involved

Slug guns - \$2 per person, will also require 2 supervisors

BMX & long boards - \$2 per person (Bring own helmets)

Geocaching – \$2 per person orienteering with GPS (30 min training with persons taking this activity)

Abseiling – Not available

Rock Climbing - Not available

Staple Climb - Not available

OFF SITE

Caving – \$30 per session if run by our staff or FREE if your group provides own supervisor. Introductory cave. 20min drive to nearby farm. Bring own bike helmets.

Bush Walks – Various walks are available in the immediate area. Please see the websites below.

Look Out – 40 to 60 min (return) walk from the back of Highland Home on farm land. Stunning views of the camp and valley.

Glow worm grotto – \$30 per group. 5 min drive or 40 min walk (one way) to outstanding glow worm display. (MOU required for this activity)

Vertex Gym – 40min Drive to Palmerston North for Rock Wall activity. Contact YMCA PN.

<http://www.manawatunz.co.nz/visit/see-do/top-10-picks/top-10-walks-hikes-parks-and-reserves/>

<http://www.horizons.govt.nz/assets/new-uploads/about-us/Publications/HORIZONSTRACKAWARENESSv3LR.pdf>

Fern Walk – 10min drive – 2 to 3 hr duration, moderate level of fitness
Pettifar & Gilchrist Loop Tracks – 2 min drive or 10min walk on road – 2 - 3 hr duration, low to moderate fitness.

Nature Trails in Reserve – 4 min drive or 20 min walk on road - 10min to 1 hr , low fitness

<http://www.horizons.govt.nz/managing-environment/resource-management/native-habitats/totara-reserve/walking-tracks/>

Gorge Walk – 30 min drive – 3 to 5 hrs one way – Moderate+ fitness

Gorge Walk Tawa Loop – 1.5 to 2 hrs western end of Gorge – Moderate fitness

Totara Reserve & Pohangina River – 20/40 min walk or 5 min drive The Totara reserve is developing an exciting, interactive playground. It has access to the Pohangina River. This is a good place for swimming or useful for other activities in and out of the water.

River Study (FREE) – Horizons Regional Council can provide a staff member to do a river study with your students. This is called WAIORA. To find out more information contact Helen Thomas – Environmental Educator on helen.thomas@horizons.govt.nz or call on 06 9522800. <http://www.horizons.govt.nz/managing-environment/environmental-education/waiora/>

Ashhurst Domain – 30 Min drive - Large park area, play ground, 10 min walk to Manawatu River

PN Esplanade – Extensive park grounds on the banks of the Manawatu River. Playground & miniature railway. **ORIENTERRING COURSE** is available for the public. You can print maps from this website or go to the Café in the esplanade for maps.

www.rk.orientering.org.nz

<http://homepages.ihug.co.nz/~markhudson/docs/EsplanadePOCMaster.pdf>

RAMS – we can provide RAMs forms for all of the above activities. When walking on the road we can provide a flashing light for a forward and rear vehicle. A staff member can assist if needed.

ASHHURST, POHANGINA, PALMERSTON NORTH & FEILDING also offer some wonderful activities: The Herb Farm, Cartwheel Creamery, Te Manawa Museum, Old Coach Museum, Makino Pool, Lido Pool, Inflatable World, Flip City, etc...